

6 Days of Different Challenge

We are going to do a simple exercise together. Are you ready?

For the next 6 days we are going to practice the art of adventure by stepping out of our comfort zone every-day. It's so easy to get comfortable in our lives, with habits, routines, thought patterns, and lifestyles that do not lead us into an adventure with Jesus.

As author Holley Gerth says,
"Our brains are status quo junkies."



This is NOT about changing ourselves, but this about *allowing God to practically walk with us little by little outside our comfort zone land and into uncharted territories with Him.*

The truth is six days will not change anything, but it will get us into the routine of practicing what it's like to do life differently, step out of some of our fears, try new things, and say YES to a daily adventure with Jesus.

1. Before you decide what you will do...spend a few minutes in prayer, asking God what's on His heart for you.
2. Then write out below what you will do different each day... it could be the same thing every-day or something different.
3. Come back each day and write what discoveries you made outside your comfort zone... when you decided to embrace different!

Day 1		
Day 2		
Day 3		
Day 4		
Day 5		
Day 6		

"DON'T LET THE SUN SET UNTIL YOU'VE DONE ONE THING THAT SORT OF SCARES YOU. THE ONLY TREES THAT EVER GROW TALL KEEP RELENTLESSLY STRETCHING INTO UNKNOWN TERRITORY."

ANN VOSKAMP

share some of your adventures from these next 6 days using #40daysofadventurewithGod